

Conscious Dating Tele-Seminar Series



Conscious Internet Dating: Using Your Computer to Find Your Soul Mate Study Guide

Date	April 5, 2007
Time	6:30 PM Pacific/9:30 Eastern
Call-In Number	218-486-1300
Pin #	171071

Sandra Rohr: Top 5 Pitfalls in Dating Online

1. “ _____ . _____ ”

To avoid this trap, use your _____ ! Spend time
_____ by _____ until you are comfortable with going further.

2. _____ .

3. Falling in _____ before _____. We can allow ourselves to
be _____ and when we finally meet, we discover that there is
absolutely _____.

Keep a _____ on your _____ and _____.

4. Telling Someone _____, but _____.

Know your _____, _____ and _____, and respect
your _____. Don't _____ to _____.

5. Relying only on _____ . This is the greatest _____.
Internet dating should be only _____ of many _____ to _____
people.

Frankie Doiron: How to be 'The Chooser'

Many people _____ with the concept of being the chooser.

_____ is an issue that most people have experienced.

Being 'the chooser' is the _____ to the fear of rejection. Once you become a chooser, you will never _____ again.

As a chooser, you also realize the person you wish to attract will _____ to be with you and _____ you **because of** _____ -- **NOT** _____ **of it**.

A chooser understands that not everyone is a _____; that when someone does _____ you, it is a clear sign that you are not a _____.

Sandra Rohr: Posting a Winning Profile to a Dating Site

1. Do your _____. You are not ready to describe yourself and your ideal mate until you have figured out your _____.
2. _____ the Sites to figure out _____ they _____. Use the better _____ as a _____ for your own.
3. Pick a _____ or _____ and include ones that offer space for a lengthy _____. Be _____. The _____ will come out.
4. Create a _____ Statement. Include your Life _____, the _____ you want to share, the _____ you want to live with your partner, your _____, and what you would like to do for _____ with your partner.
5. Write Your _____. Check your _____ and _____ errors.
6. Some No-No's. First, don't claim anything that is not _____.
 - Poor _____ and _____.
 - Avoid _____. This comes across as _____
 - Avoid _____.
7. Write a _____. Don't spoil it all with a trite _____ such as "Woman Looking for Man." Find something _____, perhaps a riff on something in your narrative. Ask yourself if *you* would be taken with your _____.

8. Post a _____. Few people respond to profiles without _____. Remember it should be _____.

Some Rules:

- Use a recent _____.
- _____ and _____ your _____ and wear _____ if you usually wear it.
- Dress _____, and *avoid* _____ clothing, which will wash you out.
- Get at least one _____ of your face. And _____.
- Avoid _____ or _____ at least in your primary _____. People want to see your _____.
- Avoid “cute” _____, -- the emphasis should always be on you

9. Post Your Awesome _____. Follow the directions on the site, and congratulate yourself for a job well-done!

10. Enjoy the _____!

Frankie Doiron: How to Sort, Screen and Test Internet Dates

Sorting enables you to quickly realize that a date is not _____ even in as little as _____.

Screening is a longer process of getting enough _____ to determine if someone meets your _____ or not.

Testing is the process of gaining more _____ and _____ about the _____ and the potential partner **before becoming** _____ **invested and** _____. Testing should take many _____.

At any stage you need to be willing and ready to _____ the relationship isn't aligned with your _____ and _____, or if there is no _____, or _____ you feel something just isn't right. Trust your _____.

You can discover a lot about a person from their _____ and whether they are _____ and _____.

Pay attention to obvious _____:

_____ To Them! Does it Make _____?

For the complete written transcript and MP3 audio recording of this seminar please visit <http://www.ConsciousDatingAudio.com>

Upcoming Programs

- **Thursday, April 19th**, 6:30pm pacific/9:30pm eastern-
Conscious Dating Tele-Clinic
<http://www.consciousdatingteleclinic.com>

- **Tuesday, April 24th**, 5:30pm pacific/8:30pm eastern-
Free Tele-Seminar “Are you Ready for Love?”
For those interested in Joining the May 1st Singles Training Program
<http://www.consciousdating.com/ready.htm>

- **Tuesday, May 1st**, 5:30pm pacific/8:30pm eastern-
Conscious Dating – Readiness for Singles 4-week intensive Tele-Program
<http://www.consciousdating.com/rests.htm>

- **Thursday, May 3rd**, 6:30pm pacific/9:30pm eastern-
Free Tele-Seminar “Being the Chooser: A New Paradigm for Loving Yourself”
<http://www.consciousdatingseminars.com>

Thank you for participating in tonight’s program!

- To order the hardback version of *Conscious Dating* at a 50% discount and get the retail audio CD FREE visit – <http://www.consciousdating.com/discount.htm>

- Got a question about Conscious Dating? Help us plan future seminar topics by visiting- <http://www.askconsciousdating.com>

- Feeling stuck? Conscious Dating Spot Coaching now available! For more info visit- <http://www.consciousdatingspotcoaching.com>

Until next time!

David Steele and Frankie Doiron

